

Goce Delcev
University
(UGD)



Erasmus+ STUDENT'S Guide

Web: <http://cmus.ugd.edu.mk/>

WELCOME to UGD

The opportunity to undergo a study exchange program is one in a million.

This moment in your life will be an opportunity to study and live in a culture that is different from your own. To learn from a way of life you may have never considered before. To step outside of your comfort zone and say yes to every life enhancing experience. Time is fleeting and so it should be spent living a life full of rich experiences and being abroad, especially in North Macedonia, will provide you with many of the joys that life has to offer.

So, we employ you to laugh often, eat plenty and make the most out of your time here in North Macedonia. Cheers!

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Erasmus+
STUDENT'S
Guide

City of Shtip

The University city of Shtip is well known in the region for its coffee culture. Since the opening hours till the end of the day you can see people from all the ages enjoying a cup of coffee, chatting for hours with their friends in a coffee place, or people drinking coffee in a rush on a coffee stand. Help a man in need, join a serenade after a long night out! – Shtip is probably the only city in Macedonia that has kept the serenade tradition.

It's common to see a group of young men singing a serenade in the night under a girls window. And don't forget to stay dry! As common the serenades are, almost every serenade ends up with the mother of the girl throwing cold water to repeal the crowd under the window.



Where to?

Shtip's proximity to neighboring cities...



78.6km to Skopje, North Macedonia
237.4km to Thessaloniki, Greece

243km to Sophia, Bulgaria
434km to Belgrade, Serbia

There is so much **TO LOVE** about your new home of Shtip!

Spend a day in Kezovica – In least than 2 km from the city center is located the spa resort Kezovica. Natural hot spring with centuries lasting tradition due to it's healing capabilities. Even before roman times the water from the spring has been used from the locals to heal bone-related problems and injuries. Now, in new, modern look, it can accommodate and entertain you with a full day activity.

BARGALA – Byzantine fortified town constructed between the 4th and 6th century that will take your breath away its impressive main gate and infrastructure. Located only 20 km northeast from the city, it is one of the biggest touristic destination in Eastern Macedonia.

PASTRAMAJLIJA – Take a bite of Shtip through juicy meat and traditional bread combination. Recipe well known to all the chefs in the city.





CHOCOLATE FACTORY EVROPA – You are a chocolate lover? Coincidentally in Shtip you can find one of the biggest chocolate factories on the Balkans. Take a tour in the home of the sweets that every child from the Ex-Yugoslavia has grown with.

ISSAR – The hill Issar with its early medieval fortress on top, dominates above Shtip, and provides for the common reference as the city under the Issar. In only 15 minutes uphill walk, you can escape and enjoy the panoramic view of Shtip, take a sunbath in the silence above the city madness.

BREGALNICA AND OTINJA – Take a walk, run or a bike ride on the banks of the two rivers spreading on the both sides of the city, from the center to the ends, more than 7km of guaranteed well spent time in one of the most beautiful trails in the country.

NOVO SELO – Even though translated means New Village there is nothing new in this village. Home of dozens of Macedonian revolutionists, politicians, famous doctors and influential people in the Macedonian history. Take a walk in the old narrow streets of the village, enjoy the architecture and take yourself on a journey through history.

EXPLORE THE CITY AS NEVER BEFORE – take a tour with a glider and enjoy the city from a different perspective. Only 10km away from the city you can find sets of possible activities for those who are not afraid of heights.
(<http://aerostip.weebly.com/english.html> ;
<http://www.aerostip.com/index.htm>)

There's More!

Pastramajlijada – Festival of pastramajlija and Macedonian wine. Pastramajlija is an annual festival of pastramajlija, wine and great music. Usually takes part on the first day of Autumn, when the season for preparing pastramajlija starts. Over the last few years it hosted more than 300 000 guest from the region, as well from Bulgaria and Serbia. It had been the biggest promoting point for the most of the bakeries, restaurants and local food business. If you are here for the Autumn semester make sure to put a weekend full of food and fun on your calendar!

Makfest – The biggest festival of pop music in Macedonia. Since 1986, every second weekend of October, it has produced more than 1000 compositions, from which most of them have become hits – evergreen. Over the years 'Makfest' has been the only promoter of Macedonian music outside of the country. Being an international festival, it has hosted a lot of popular foreign music names. Make sure you won't miss one of the biggest music events in Macedonia, right next to you in Shtip.

Green fest – festival of electronic music. For the lovers of electronic music, few times a year Green fest takes place in Shtip and it offers whole weekend of day and night parties, with popular DJ's of Macedonia and the region.

Shtipsko kulturno leto (Summer of culture in Shtip) – Series of event that can spread over few weeks, usually in August. Offers variety of events for every age: theater, movie nights, open air shows, fairs, all night parties, art exhibitions, open museum days, agenda full of culture feeding events.

How's the **night life** in Shtip?

There is a wide range of things to do after working hours in Shtip.

Cafes: There are so many cafes to sit and enjoy all kinds of beverages from coffee products, milk shakes, fruit smoothies, hot chocolates, to traditional beers and other alcoholic beverages.

Shopping: Shtip has the most boutiques per capital in all of Macedonia. At one-point stip was the city of textile, being the hub for all things clothing. So, if shopping is something you enjoy there is no shortage of places to buy the latest trendy outfit.

The Disco: Shtip has a few great places to go out dancing, enjoying local bands and DJs, all while having a great time with friends. If hitting the town is something of interest, there are opportunities to take in all the nightlife that shtip has to offer.



GOCE DELCEV UNIVERSITY

The home of new ideas and brilliant perspectives
Set in the heart of Shtip, the heart of the eastern
Macedonian region lies the home of the knowledge, new
ideas, open minds and new perspectives.

The home that we call Goce Delcev University has been
founded in 2007 and in a relatively short period of time has
grown into the most modern and innovative environment
that inspires students, young people and academic staff
from the whole country and beyond.



Proof of the university's engagement in the socio-economic
life of the region are the numerous collaborations with
the industry, as well as the number of more than
600 employees.

The excellent, newly erected research and teaching centers create favorable conditions for the development of innovative solutions in all areas of the University activities. Dozens of courses at all levels of education as well as wide range of possibilities to complement professional qualifications create an effective response to the challenges posed by contemporary labor market.

As a multi-profile university, it integrates agricultural, medical, technical, economic and social sciences. The scientific potential is concentrated in six Faculties, conducting research in key areas for the economy, helping it adapt to global challenges.



The high competence and friendly attitude of the lecturers, modernly equipped classrooms, laboratories, computer labs and practical teaching methods guarantee education at the highest level. In a field open to talented young people, the University has established a ground where these people can generate new ideas through teamwork and co-working with one another.

About the campus and the Resources that will be useful for Erasmus+ Students

Agricultural laboratory: Among the other laboratories that operate within the University, the Laboratory within the Department of Plant and Environment Protection at the Faculty of Agriculture performs a variety of laboratory tests, designed to improve the quality and quantity of agricultural production in the country and increase the competitiveness of domestic agricultural production internationally.

On campus Media: The Media that will be available to all visiting students is an exceptional opportunity that home and visiting students can take part of and become



the creators of different kinds of creative contents that can inform and inspire by sharing their stories, points of view and new ideas. Through production of program of educational and fun character, UGD FM and UGD TV represents an informal enhancement of education for the students and the broader audiences.

Model courtroom: The Model-Courtroom created in order to help the students from the Faculty of Law realize their practice operates through simulation of trials, as well as various training for the judges and other legal professionals. The Model courtroom is one of the most sophisticated premises at the Faculty of Law.

E-Systems: The students of UGD, as well as the international students that spend a semester or a whole year of their studies at UGD, have all the needed resources for realizing the theoretical and practical part of their studies. The learning process has combined sophisticated technological methods, which include the interactive whiteboards, graphic whiteboards, multimedia software and hardware and different audiovisual equipment.

Sport center: The University Sports Center develops and promotes the sports activities of the students and employees. Different sports and clubs are available, including University basketball clubs, table-tennis, volleyball, and chess. All students that have an affinity towards the sport can realize it through games on tournaments and other competitions on the university level in the Republic of Macedonia. Each year the University organizes a biking tour and thus raises the awareness of engaging in sport and active lifestyle among the students and the youth in general. Moreover, there is no gym on the campus grounds, but there are private gyms in Shtip that are relatively inexpensive.





Student Calendar at UGD

Public Holidays In North Macedonia

1-2 January- New Year

7 January -Christmas

March/April- Good Friday

March/ April- Easter Sunday

March/April- Easter Monday

1 May- Labor Day

24 May- St. Cyril & Methodius Day



2 August- Day of the Republic

19-20 August- Ramazam Bajram

8 September -Independence Day

11 October- Uprising Against Fascism Day

23 October- Day of the Macedonian Revolutionary Struggle

21 November- Autumn Tree Planting

8 December- St. Clement of Ohrid Day

University Faculties

The choice is yours!



FACULTY OF NATURAL AND TECHNICAL SCIENCES

Website: <http://fptn.ugd.edu.mk/index.php/mk/>

FACULTY OF MECHANICAL ENGINEERING

Website: <http://mf.ugd.edu.mk/index.php/mk/>

FACULTY OF COMPUTER SCIENCE

Website <http://fi.ugd.edu.mk/index.php/mk/>

FACULTY OF ELECTRICAL ENGINEERING

Website: <http://etf.ugd.edu.mk/index.php/mk/>

FACULTY OF AGRICULTURE

Website: <http://zf.ugd.edu.mk/index.php/mk/>

FACULTY OF MEDICAL SCIENCES

Website: <http://fmn.ugd.edu.mk/index.php/mk/>

FACULTY OF EDUCATIONAL SCIENCES

Website: <http://fon.ugd.edu.mk/index.php/mk/>

FACULTY OF ECONOMICS

Website: <http://ef.ugd.edu.mk/index.php/mk/>

FACULTY OF TECHNOLOGY

Website: <http://ttf.ugd.edu.mk/index.php/mk/>

FACULTY OF PHILOLOGY

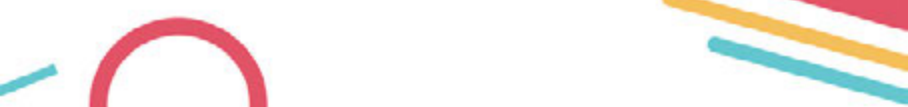
Website: <http://ff.ugd.edu.mk/index.php/mk/>

FACULTY OF LAW

Website: <http://pf.ugd.edu.mk/index.php/mk/>

FACULTY OF TOURISM AND BUSINESS

Website: <http://ftbl.ugd.edu.mk/index.php/mk/>



How to Prepare for **life in Shtip**

Accommodations: The university does not have private housing, like dormitories. However, there are affordable options to rent privately. Being that Shtip is a college town there are flat readily available for students of all types. We encourage all Erasmus+ students to do an apartment search before coming to Macedonia in order to secure a place to live. If you are having trouble finding a place the Erasmus office will work with you to ensure you have a place to live upon your arrival to Shtip.

Travel to Shtip: The biggest and most well-known airport in North Macedonia is The Skopje International Airport. Thus, you will likely find many airlines that fly into this airport. After arriving to the airport, and the cheapest option to get to Shtip, is traveling from the airport to the bus station by local taxi or a bus. At the bus station you will get a ticket to travel to Shtip, which is about a 1 hour and 30-minute ride. The bus ticket should be about 300 Denar which is about 5 Euros.



How to Prepare for **life in Shtip**

The Climate: The city of Shtip, and Macedonia at large, has a pretty varied and mild climate. The winters are cold, and snow is a reality, the summers are very sunny and thus very hot. Then in the spring in fall expect more mid-level temperatures with wind and rain during the spring. Therefore, depending on the semester you are coming to Shtip be prepared with suitable clothes and bedding to withstand the chilling cold in the late fall to winter or the mild to very warm spring to summer.

Cost of Living: When it comes to money and how much your experience will cost that varies from person to person. Below you will find basic estimates of some of the most common expenses you will have as an Erasmus+ student.

- Loaf of bread: 25MKD (.41€)
- Milk: 52MKD (.85€)
- Meal in the restaurant: 200MKD (3.25€)
- A cup of coffee: 60MKD (.98€)
- Taxi around the city: 50MKD (.81€)
- Bus ticket to Skopje: 280MKD (4.55€)
- A beer at the Pub: 70MKD (1.00€)



The Culture: North Macedonia is a place of great tradition and history. There will be a lot to learn here, but also maybe a lot to a just to. Prepare to be met with many friendly and interested Macedonians who will want to know all about you and where you are from. Thus, bring things that are unique to your country to show to them. Moreover, Macedonians love to have conversation over coffee, so be prepared to be invited to drink coffee at all hours of the day. This will be a great way to make friends. Come to North Macedonia with an open mind and heart because it will take you far and give you the most in your time abroad.

Study opportunities: A year abroad teaches you about building friendships, taking responsibility for yourself, respecting differences and tolerating the beliefs of others. A student that comes to spend a semester at UGD can choose from a whole array of study fields that are available for studying in English. The students that choose UGD as an exchange opportunity are offered an opportunity to spend quality time before, during and after the classes. Students that are interested to study basic Macedonian language are given the opportunity to do this for the duration of their stay. Every exchange student that comes at UGD has a local Erasmus buddy who is conversant in English and who will plan some social activities and be available to help you during your stay.





Orientation Month

What to expect in your first month of at UGD

WEEK 1: In this week you will meet with your advisor. Work out your class schedule and tour the campus. This is a week to really get to know the campus and figure out where everything is. We, also, have crafted a scavenger hunt for you during this first week.

The game works as such, you will be paired up with a Macedonian National and the two of you will be going around the campus looking for various items that will be hidden in important places on campus and in the city. The idea of the game is to not only have fun, but to have an opportunity to get to know your new home and where everything is

Furthermore, this week will also include a special coffee date in the Erasmus office, an informal meeting per-say. This coffee date serves as an opportunity to see and meet the Erasmus staff. As well as, have any questions you may need answered, or just to talk about whatever it is you all may want to know about the campus and/or North Macedonia





Orientation Month

What to expect in your first month of at UGD

WEEK 2: The second week is dedicated to welcoming you to North Macedonia. There will be a welcome ceremony, that includes interactive games, a small presentation on the culture of Macedonia and a time to meet all your fellow student exchange peers.

The Ceremony will be a formal welcome to the university and to Shtip. During the ceremony you will hear from the Rector of the college and staff members who work in the Erasmus+ office. There will also be an opportunity to work together as a group on team building games and get to know one another on a personal level.

During the ceremony you all will be expected to introduce yourself. Specifically, you should come prepared with a small presentation about yourself, your home university and home country. This will be your opportunity to share something special about yourself, maybe a unique experience or hidden talent. This presentation is for the benefit of your exchange cohort because beforehand they may know anything about you. So, make the presentation informative, brief, but also fun.



Orientation Month

What to expect in your first month of at UGD

WEEK 3: The third week will feature intercultural night. A night dedicated to celebrating the countries and cultures that are represented in your class of exchange students. To prepare for this night come with a doable receipt to cook up and share with everyone. This dish should be a good representation of a common staple in your home country. Also, maybe prepare a dance or song that shows the beauty and tradition of your home country. The ideas is to share a piece of your culture that maybe people form the outside would not know about the country you are from.

This also will be an amazing opportunity for you to step outside of your comfort zone and eat the foods prepared from around the world as well try a cultural dance, even if dancing isn't your thing. It is important to keep in mind that culture and cultural sensitivity will be an important lesson during your time in North Macedonia. You will be exposed to not only the cultures of Macedonia, but you will also be interacting with all the exchange students who represent different countries and cultures.





Orientation Month

What to expect in your first month of at UGD

WEEK 4: Meeting with Staff will happen in your fourth week. In this week you will have the opportunity to get to know the staff you will be working closely with on a more personal and on-on-one level. This will be your opportunity to ask any and all questions and, really to talk about whatever it is you may need. You may want to understand more about your specific subject matter or the specifics of you class matters.



ORIENTATION MONTH

UGD Exchange Student's Experience

What you will study

The opportunity to choose from over 100 study programs, all taught in English. Your educational experience is up to you to make it what you want. The study abroad is an opportunity to explore the boundaries of your educational pleasure's and try out new things. UGD has a lot to offer to aid in that process.

Cultural Opportunities

Studying abroad will afford you the privilege to explore the rich culture of North Macedonia, through country expeditions and cultural workshops. The Erasmus office will help to facilitate and guide you through the culture and what is important to know, but also when you get out your comfort zone and meet people from the county you will begin to get a authentic insight on the culture. The opportunity to explore neighboring Balkan countries with cheap flights and bus trips. Afforded the opportunity to study with other like-minded people from all over Europe.

Macedonian Language

Have an opportunity to learn the Macedonian language, with the help of a selected Macedonian national who will sever as a cultural and language guide. There is also the opportunity to take a non-obligatory language course offered to each exchange student



English – Macedonian Dictionary

Basic vocabulary and phrases:

English	Macedonian	Pronunciation
Hello	Здраво	Zdravo
Good Morning	Добро утро	Dobro utro
Good Afternoon	Добар ден	Dobar den
Good Evening	Добра вечер	Dobra vecer
Good Night	Добра ноќ	Dobra nok
Thank you	Благодарам	Blagodaram
Please	Ве молам	Ve molam
Yes	Да	Da
No	Не	Ne
I do not know	Не знам	Ne znam
Maybe	Можеби	Možebi
I am sorry	Извини	Izvini
I do not understand	Не разбирам	Ne razbiram
I need help	Ми треба помош	Mi treba pomoš
What is your name?	Како се викаш?	Kako se vikaš
I like or I want	Сакам	Sakam

English – Macedonian Dictionary

Basic vocabulary and phrases:

English	Macedonian	Pronunciation
I don't want/ I don't like	Не сакам	Ne sakam
I study	Учам	Učam
Where are you from	Од каде си	Od kade si
I am from	Јас сум од	Jas sum od
How do I get to	Како да стигнам до	Kako da stignam do
Bus	Автобус	Avtobus
Bus station	Автобуска станица	Avtobuska stanica
Bus ticket	Автобуски билет	Avtobuski bilet
May I	Може	Može
How old are you	Колку години имаш	Kolku godini imaš
What are you doing in Macedonia?	Што правиш во Македонија?	Što praviš vo Makedonija
I am a student	Јас сум студент	Jas sum student
Do you like Macedonia	Дали ви се допаѓа Македонија	Dali vi se dopaga Makedonija
I like Macedonia	Ми се допаѓа Македонија	Mi se dopaga Makedonija



Caroline Stephan **French student**

At UGD, I had the chance to choose different courses as mine in France, thus, I studied International Relations, International Economic Relations, Political System, Project of Management of EU funds and Administrative Law. These courses were more interesting personally and professionally, than I could have in France. My experience in Macedonia was enriching and useful. It was also full of emotions. I learned a lot about myself, how to be more autonomous and independent. Indeed, before arriving in Macedonia, I also confronted myself with the language barrier. But finally, everything went well. I have met real friends, with whom we helped each other and we discovered beautiful place with them.



If I had to choose one single word to describe my experience it would be awesome! When I arrived to Macedonia I did not know anything about it, only the few things I looked for before coming. I arrived with more students and I got amused with people who tried to help us with everything, although we did not understand each other because of the language. Of course, people of the University helped us with everything we needed: for the visa, paperwork for the university... But especially Erasmus buddies were wonderful, they helped us a lot and organized trips and activities to know more about the country. Apart from that the university also organized a lot of events to meet every Erasmus student and helped us to make relationship with everyone.

Leire San Nicolas **Spanish student**



I will recommend anyone to come to Macedonia for Erasmus+ program. Everyone should have exchange experience before graduating, but Macedonia is the perfect destination if you want to learn about the place, history, know local people, go party with friends and feel as if you were at home. It is also good that there are that much Erasmus student, so we get to know each other and create a small family. It looks very safe place and you can enjoy good weather almost all year. The most amusing thing is that people is really friendly and will help you with any problem you have. All in all, Macedonia is an Erasmus+ destination you will never forget about, I wouldn't change it at all!



Fulvia Alice Nicoletta Pennacchi

Italian student

It's really difficult to summarize my experience in a few words . Certainly great and full of emotions. I met new people, cultures and habits, from which it is difficult to break away and above all to return to everyday life.

The days spent with the Erasmus colleagues and the internship were my best moments of the whole exchange. They were two integral parts of my journey, on the one hand fun and on the other my future work. They both made me grow from two different points of view, which absolutely must not be lacking in one's life.

I would definitely recommend UGD to other students. Here I really knew the word help and kindness, the locals are really hospitable and they really try to help in every way. Also it's like you're really at home and nobody ever misses you.

I certainly don't regret coming here, I'm sure I'll be back as soon as possible!



The experiences for me are like bricks that build our brain, mind, and soul. They are a combination of moments, relationships, misfortunes, happy and awkward instants as well as creative responses to adversities. All of these may serve as adjectives that describe my experience in UGD. No sooner had I step for the first time in UGD International office than I felt welcome with an excellent Macedonian coffee. At that moment, in that instant, with the fantastic coffee smell and the after-taste of it in my mouth, I started my real-life experience. Days pass on, more Erasmus+ students showed up filling the city of Stip with a multicultural rainbow of features that enriched my experience. UGD held activities and events were all of us – Erasmus+ students and Erasmus+ buddies from UGD – discovered the University, Stip city, and each other.



Jose A Gómez
Spanish student

Classes started, and my feelings were growing up in great expectancy – new class styles, new classmates, other languages, different pulses, and activities. Life experiences taught me that outlooks are enemies of the reason, though, as a human being I could not help to create in my mind how classes, exams, projects, and assignments will be. These experiences taught me and helped me to see the culture as it is, a bunch of characteristics that build a community, generation after generation. It does not mean there are good or bad cultures. For me, it says that cultures create a fantastic word in which I understand diversity and variety as the most influential tool to learn from each other, empowering personal growing. And, learning to be a citizen of the word.





Fun Facts About North Macedonia

North Macedonia is nestled in the heart of the Balkans surrounded and influenced by a whole host of cultures. North Macedonia is a country of exquisite beauty, with mountains near and far, one of the oldest man-made lakes in Europe and bustling with some of the warmest people in the world.

Quick Facts:

- Official Name of Country: Republic of North Macedonia
- Estimated Population: 2 million (UN 2011)



- Political System: Parliamentary Democracy
- Independence: 8 September 1991
- Country Currency: Macedonian Denar
- Country Surface: 25.713 Square km
- Country Capital: Skopje
- Official Language: Macedonian

Fun Facts About North Macedonia



- Other Languages Spoken: Albanian, Turkish, Roma, Serbian
- Major Religion: Orthodox Christianity
- Climate: Mediterranean and Continental
- Time Zone: UTC/GMT +1 CET

Important Numbers

- Police - 192
- Fire - 193
- Ambulance - 194



- Road Help - 196
- Road Information - 155 55
- Skopje Intercity Bus Station - +389 (02) 3164 255
- Airport Alexander the Great - Skopje: +389 (0) 2 3148 333
- Airport St. Paul The Apostle - Ohrid: +389 (0) 46 252 820